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Organizations find Emotional Intelligence is Critical Through Eagles Eyes solution for small business and entrepreneurs

A common question among professionals and organizations is "can emotional intelligence be learned?" The good news is, research shows the answer is a resounding "Yes." Although there are some individuals that have a natural tendency towards high emotional intelligence, for the vast majority of Americans, it is a critical skillset that needs to be developed.

What is emotional intelligence (EQi)? It is the awareness of emotions and their impact on decisions and on the people interacting with us. John Winn, partner and professional coach at Through Eagles Eyes comments "Individuals with great EQi have high awareness, high self-regulation and make better decisions. We've seen clients greatly expand their effectiveness by increasing EQi proficiencies."

Organizations hiring for EQi and those promoting and developing emotional intelligence with employees are on the rise. Decades of research shows there is a direct bottom-line benefit to organizations led by highly aware leaders.

"We have seen this firsthand" states Winn. "Our course *Tools for Self-Mastery – Enhancing Emotional Intelligence education* has impacted participants professionally *and* personally in a positive way. The eight-week format ensures time to practice and anchor skills while receiving feedback on the process."

The *Tools for Self-Mastery* course is now available to the public. The course was previously only available to leadership teams inside of a company. Although that opportunity is still available, Through Eagles Eyes has expanded the parameters of the course to allow for multiple businesses and individuals to join together. Winn adds "not every business has a leadership team of 12 plus individuals. Some of our clients have one or two leaders that will greatly benefit from the course and be able to take the skills back to the organization. Our new structure allows them to share the cost with other small businesses and still experience the same results proven benefits as our larger clients."

The Spring session of *Tools for Self-Mastery* begins March 2nd. There will be another round of classes in May. Human resource professionals looking for continuing education credits should note this course has been approved for 16 SHRM PDCs

To learn more about Through Eagles Eyes, visit their website www.ThroughEaglesEyes.com. To register for the March 2 class – available either virtually or in person – visit https://througheagleseyes.com/eiregistration/